

LUNCH HOURS:

11 AM - 3 PM



112 N WOODLAND BLVD

DELAND, FL 32720

(386)-337-7040

## HAVE YOU SEEN OUR NEW LUNCH MENU?

### BOWLS

ASK ABOUT OUR BOWL OF THE WEEK!

- VE QUINOA POWER BOWL** **\$13**  
Tricolor quinoa, feta, marinated cucumber & chickpeas, diced red pepper, shaved broccoli, diced red onion; house vinaigrette
- VG THE HEART HELPER** **\$12**  
Roasted sweet potato & carrots, marinated chickpeas, fresh arugula, pickled red onion, sliced avocado; house vinaigrette
- VG THE TRAINER** **\$12.5**  
Long grain brown rice, roasted sweet potato & carrots, lightly charred red onion, diced red pepper, shaved broccoli, Roland balsamic glaze

### ARTISANAL PIZZAS

*Personal Sized - Hand tossed to order! - Gluten-Free +1.5*

ASK ABOUT OUR PIZZA OF THE WEEK!

- SWEET & SALTY** **\$15**  
Fresh garlic, olive oil, Grande mozzarella, gorgonzola, red onion, candied fig; finished with pecorino, prosciutto & fresh basil
- BACON-GOUDA-SPINACH** **\$13.5**  
Fresh garlic, olive oil, Grande mozzarella, smoked gouda, bacon & fresh spinach
- VE MARGHERITA** **\$11**  
Tomato sauce, fresh mozzarella, diced tomatoes; finished with fresh basil
- VG THE VEGAN** **\$13.5**  
Tomato sauce, crimini mushroom, sun-dried tomatoes, red onion, artichokes; finished with fresh spinach & balsamic glaze drizzle
- VE BIANCA** **\$12**  
Fresh garlic, olive oil, Grande mozzarella, ricotta, feta; finished with pecorino
- THE DIAVOLA** **\$14.5**  
Tomato sauce, Grande mozzarella, pepperoni, ricotta cheese; finished with Calabrese pepper infused honey, pecorino and fresh basil

### CLASSIC PIZZAS

- CHEESE \$10**      **SAUSAGE \$12**  
**PEPPERONI \$12**      **MEATBALL \$12**

### SALADS

MADE FRESH TO ORDER

- VE THE MEDITERRANEAN** **\$13**  
A fresh tricolor quinoa and arugula salad topped with feta, chopped tomatoes & red pepper, Kalamata olives, sliced avocado; house vinaigrette
- THE IRONMAN** **\$14**  
Fresh mixed greens, tender poached chicken breast, diced red pepper, shaved broccoli, marinated cucumber, diced red onion; house vinaigrette
- UB CHOPPED** **\$12**  
Fresh romaine, diced red onion, tomato, thick-cut bacon, sliced avocado, creamy gorgonzola cheese; house vinaigrette
- VE CLASSIC CAESAR** **\$10**  
Fresh romaine, shaved parmesan, seasoned croutons

### SANDWICHES

*Served on fresh baked pizza bread with house-made chips!*

- VE CHOPPED GREEK** **\$12**  
Finely chopped mixed greens, cucumber, tomato, feta, red onion, red pepper, and Kalamata olives; olive oil and balsamic vinegar
- Want a greek salad? Just ask!*
- VE THE CAPRESE** **\$11**  
Fresh mozzarella, sliced Roma tomato, fresh basil, EVOO & Roland balsamic glaze
- THE SUNDAY SAM** **\$13.5**  
Sliced Italian sausage, roasted red peppers, caramelized onions, house made San Marzano Marinara
- COLD CLUB** **\$13.5**  
Tender poached chicken breast, thick-cut bacon, smoked gouda, fresh romaine, sliced Roma tomato, house made aioli
- CLASSIC MEATBALL** **\$14**  
House made meatballs, house made San Marzano Marinara, provolone cheese

ADD GRILLED OR BLACKENED...

**SALMON \$9.5 - CHICKEN \$6 - SHRIMP \$6**

\*Caution Advisory for Gluten Allergies & Sensitivities Cross contamination may occur due to cross-utilization of our ovens.

CONSUMER ADVISORY: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions

### TOPPINGS

**\$4**

Chicken  
Prosciutto

**\$2**

Pepperoni  
Sausage  
Meatball  
Bacon

**\$1.5**

Grande Mozz  
Ricotta  
Fresh Mozz  
Feta  
Gorgonzola  
Smoked Gouda  
Fresh Basil  
Candied Fig  
Honey  
Pesto

**\$1**

Red Onion  
Red Peppers  
Roma Tomato  
Mushrooms  
Black Olives  
Sundried's  
Artichokes  
Garlic  
Baby Spinach  
Arugula